The Pre-Ballet Division for children aged 4 - 8 introduces its students to the love, beauty and passion of dance. Its primary purpose is to prepare and condition children for learning the foundations of ballet upon entering the Junior Division.

The Pre-Ballet curriculum was created and developed by our Director, Carole Alexis, and is taught by professional faculty members. As part of the auditioning process, all prospective students are evaluated by the Director and faculty and assigned to the appropriate level. The age of a student may thus differ from that of other students in the same class. Although the school makes a concerted effort to keep the age ranges as narrow as possible, it is important that students be placed into the class that is most suitable to their level of ability and development so as to foster the greatest progress, artistic and technical achievement.

The curriculum of the Pre-Ballet Division instills in its students a love for the art of dance by developing motor skills and dexterity, flexibility, muscles strength, musicality, concentration, discipline, emotional confidence and creativity. It introduces postures, ballet positions, and prepares the children for classical training through a structured progression of exercises.

Once students have mastered the skills required in their class, they will be moved to the next level. It is not unusual for this advancement to take more than one year. In exceptional circumstances, the Director may determine that a particular student should advance to the next level before the completion of the year.

Pre-ballet students will participate in the annual Spring Performance.

The classes of the Pre-Ballet Division divide into the following levels:

- Pre-Ballet Level 1
- Pre-Ballet Level 2
- Pre-Ballet Level 3