Victoria Kress began her dance training learning Ballroom and Latin dance styles under the instruction of her mother, Linda. Eager to expand her knowledge, she then attended Miss Pat's Stage Door Studio in Easton, Pennsylvania beginning her ballet training at the late age of 12 under the instruction of Pat Bartholomew and Jodi Gumbrecht. She also decided to continue her studies at The Lehigh Valley Charter High School for the Performing Arts expanding her knowledge of dance to encompass not only ballet, but also modern dance techniques and choreography. Upon graduating high school, Victoria went on to study in the Conservatory of Dance at SUNY Purchase College. During her time at Purchase, Victoria had the privilege of training under professors such as Rosanna Seravalli, Joseph Malbrough, Bettijane Sills, and Wallie Wolfgruber and additionally performed in pieces by choreographers such as: Merce Cunningham, Brian Enos, Rosalind Newman, and George Balanchine, performing the Theme Two duet in his Four Temperaments. During her Junior year, Victoria had the opportunity to study abroad in Singapore at the Nanyang Academy of Fine Arts where she experienced Asian Contemporary dance styles and was selected to perform a solo work as well as an ensemble piece. Victoria also had the privilege of working individually with Emery LeCrone and danced her piece "Aria" for her Senior repertory performance. Victoria graduated Magna Cum Laude with a BFA in Dance Performance and a Minor in Arts Management in May of 2016. Her dance training includes summer study with the Joffrey Ballet School, Point Park University, and Complexions Contemporary Ballet. Victoria became a member Ballet des Amériques in 2015.